# Active Ingredient Prescribing - Consumer FAQs

## What is active ingredient prescribing?

Pharmaceutical Benefits Scheme (PBS) and Repatriation PBS (RPBS) prescriptions are changing to list the active ingredient of medicines. This will make consumers more aware of what medicines they are taking.

## What is an active ingredient:

Active ingredients are the ingredients in medicines that have an effect in the body. Examples include paracetamol, ibuprofen and insulin.

## How will my prescriptions change?

Most PBS and RPBS medicines will be prescribed by active ingredient. If a prescriber includes a brand name on a prescription, the active ingredient will appear first.

## What are the benefits of active ingredient prescribing?

* Supporting prescribers and patients to better understand the active ingredients in their medicines;
* Reducing the risk of patients taking multiple doses of medicines;
* Encouraging pharmacists and patients to discuss generic medicines;
* Promoting the uptake of generic and biosimilar medicines;
* Decreasing out-of-pocket expenses;
* Making the PBS more sustainable; and
* Aligning Australia with international prescribing practices.

## When does it start?

Prescribing software has started to automatically include active ingredients on prescriptions. The change will be compulsory from 1 February 2021.

## Can my doctor and I still choose specific brands?

Yes, prescribers can still select specific brands of medicine, and can include a brand name on the prescription if they believe it is necessary. Patients can still choose their medicine of choice at the pharmacy.

## Will this change the cost of my medicine?

There is no change in the cost of PBS or RPBS medicines. Patients may pay less if they choose a generic or biosimilar medicine.

## Are generic medicines safe?

Yes. The Therapeutic Goods Administration carefully assess each generic medicine before it can be sold in Australia. Tests ensure it is safe and has the same effect as the original brand.

## Who should I contact for more information?

Email any queries to aiprescribing@health.gov.au.